

STCW COURSE SCHEDULE 2024

CAPE TOWN

🕒 08:00 -15:30	JANUARY 2024						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1			3	4	5	6	7
			Elementary First Aid(EFA)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Survival Techniques (PST)	
				Personal Safety with Socia Responsibility (PSSR)		Personal Safety with Socia Responsibility (PSSR)	
				Personal Survival Techniques (PST)		Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				

🕒 08:00 -15:30	JANUARY 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 2	8	9	10	11	12	13	14	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

🕒 08:00 -15:30		JANUARY 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 3	15	16	17	18	19	20	21	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
			Personal Survival Techniques (PST)			Personal Survival Techniques (PST)		
			Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)		
						Elementary First Aid (EFA)		

🕒 08:00 -15:30		JANUARY 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 4	22	23	24	25	26	27	28	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
			Personal Survival Techniques (PST)			Personal Survival Techniques (PST)		
			Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
			Advance Fire Prevention and Fire Fighting (ADV FPFF)					
					Elementary First Aid (EFA)			

🕒 08:00 -15:30	JANUARY 2024			FEBRUARY 2024				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 5	29	30	31	01	02	03	04	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

🕒 08:00 -15:30	FEBRUARY 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 6	05	06	07	08	09	10	11	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

🕒 08:00 -15:30		FEBRUARY 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 7	12	13	14	15	16	17	18	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
					Elementary First Aid (EFA)			

🕒 08:00 -15:30		FEBRUARY 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 8	19	20	21	22	23	24	25	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	

				Elementary First Aid (EFA)	
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08:00 - 15:30	FEBRUARY 2024				MARCH 2024			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 9	26	27	28	29	01	02	03	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
	Ship Security Officer (SSO)				Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

08:00 - 15:30	MARCH 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 10	04	05	06	07	08	09	10	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		

				Elementary First Aid (EFA)	
Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)					

MARCH 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 11	11	12	13	14	15	16	17
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
				Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						

MARCH 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 12	18	19	20	21	22	23	24
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
			Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)	Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
			Advance Fire Prevention and Fire Fighting (ADV FPFF)				

			Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
				Elementary First Aid (EFA)			
	MARCH 2024						
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	25	26	27	28	29	30	31
WEEK 13	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)		GOOD FRIDAY	EASTER HOLIDAY	
	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)						
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)				
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			
	Personal Survival Techniques (PST)			Personal Survival Techniques (PST)			
	Ship Security Officer (SSO)			Designated Security Duties (DSD)			

	APRIL 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	01	02	03	04	05	06	07	
WEEK 14	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)							
	EASTER MONDAY			Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)
			Personal Survival Techniques (PST)		Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
					Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
			Designated Security Duties (DSD)		Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
			Fire Prevention and Fire Fighting (FPFF)			Elementary First Aid (EFA)		

🕒 08:00 -15:30		APRIL 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 15	08	09	10	11	12	13	14	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
					Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 -15:30		APRIL 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 16	15	16	17	18	19	20	21	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
					Personal Survival Techniques (PST)			Personal Survival Techniques (PST)
					Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	

				Elementary First Aid (EFA)	
Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)					

🕒 08:00 -15:30	APRIL 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 17	22	23	24	25	26	27	28	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 -15:30	APRIL 2024		MAY 2024					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 18	29	30	01	02	03	04	05	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
	Ship Security Officer (SSO)			Elementary First Aid (EFA)

MAY 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 19	06	07	08	09	10	11	12	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

MAY 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 20	13	14	15	16	17	18	19	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		

				Elementary First Aid (EFA)	
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🕒 08:00 -15:30	MAY 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	20	21	22	23	24	25	26	
WEEK 21	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 -15:30	MAY 2024					JUNE 2024		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	27	28	29	30	31	01	02	
WEEK 22	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		

	Ship Security Officer (SSO)		Elementary First Aid (EFA)	
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)			

JUNE 2024							
08:00 - 15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	03	04	05	06	07	08	09
WEEK 23	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						

JUNE 2024							
08:00 - 15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	10	11	12	13	14	15	16
WEEK 24	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
				Elementary First Aid (EFA)

JUNE 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 25	17	18	19	20	21	22	23	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)			

JUNE 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 26	24	25	26	27	28	29	30	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
	Ship Security Officer (SSO)			Elementary First Aid (EFA)			
	JULY 2024						
🕒 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	01	02	03	04	05	06	07
WEEK 27	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						

	JULY 2024						
🕒 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	08	09	10	11	12	13	14
WEEK 28	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	

				Elementary First Aid (EFA)	
Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)					


JULY 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	15	16	17	18	19	20	21
WEEK 29	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						


JULY 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	22	23	24	25	26	27	28
WEEK 30	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
				Elementary First Aid (EFA)

🕒 08:00 -15:30	JULY 2024			AUGUST 2023			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 31	29	30	31	01	02	03	04
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
	Ship Security Officer (SSO)				Elementary First Aid (EFA)		

🕒 08:00 -15:30	AUGUST 2024						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 32	05	06	07	08	09	10	11
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
				Elementary First Aid (EFA)			
	AUGUST 2024						
 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12	13	14	15	16	17	18
WEEK 33	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)			
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						

	AUGUST 2024						
 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	19	20	21	22	23	24	25
WEEK 34	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)			
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	

				Elementary First Aid (EFA)	
Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)					

🕒 08:00 -15:30	AUGUST 2024						SEPTEMBER 2024	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 35	26	27	28	29	30	31	01	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
	Ship Security Officer (SSO)				Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 -15:30	SEPTEMBER 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 36	02	03	04	05	06	07	08	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
			Elementary First Aid (EFA)	

SEPTEMBER 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 37	09	10	11	12	13	14	15	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

SEPTEMBER 2024								
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 38	16	17	18	19	20	21	22	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		

				Elementary First Aid (EFA)	
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🕒 08:00 - 15:30	SEPTEMBER 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 39	23	24	25	26	27	28	29	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 - 15:30	SEPTEMBER 2024	OCTOBER 2024						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 40	30	01	02	03	04	05	06	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		

	Ship Security Officer (SSO)				Elementary First Aid (EFA)				
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)								
	OCTOBER 2024								
🕒 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	07	08	09	10	11	12	13		
WEEK 41	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)		
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting (ADV FPFF)							
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)				
		Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

	OCTOBER 2024								
🕒 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	14	15	16	17	18	19	20		
WEEK 42	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)		Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)		

				Elementary First Aid (EFA)	
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🕒 08:00 -15:30	OCTOBER 2024							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 43	21	22	23	24	25	26	27	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First Aid (EFA)			

🕒 08:00 -15:30	OCTOBER 2024				NOVEMBER 2024			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
WEEK 44	28	29	30	31	01	02	03	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
	Ship Security Officer (SSO)				Elementary First Aid (EFA)			

🕒 08:00 -15:30		NOVEMBER 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 45	04	05	06	07	08	09	10	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)			
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

🕒 08:00 -15:30		NOVEMBER 2024						
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 46	11	12	13	14	15	16	17	
	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
			Elementary First Aid (EFA)	
Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)				

NOVEMBER 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	18	19	20	21	22	23	24
WEEK 47	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)						

NOVEMBER 2024							DECEMBER 2024
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	25	26	27	28	29	30	01
WEEK 48	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	

			Personal Survival Techniques (PST)	Personal Survival Techniques (PST)
			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
	Ship Security Officer (SSO)			Elementary First Aid (EFA)

DECEMBER 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	02	03	04	05	06	07	08
WEEK 49	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First Aid (EFA)		

DECEMBER 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	09	10	11	12	13	14	15
WEEK 50	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	

			Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
				Elementary First Aid (EFA)

DECEMBER 2024								
08:00 - 15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	16	17	18	19	20	21	22	
WEEK 51	Personal Safety with Social Responsibility (PSSR)		Elementary First Aid (EFA)				Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)		Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)			Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting (ADV FPFF)						
				Designated Security Duties (DSD)			Personal Safety with Social Responsibility (PSSR)	
		Ship Security Officer (SSO)				Elementary First Aid (EFA)		