

STCW COURSE SCHEDULE 2024

CAPE TOWN

				JANUARY 2	024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
			3	4	5	6	7	
			Elementary First Aid(EFA) Crowd Management and Passenger Safety (CMPS) Passenger Safety (CMPS)					
WEEK 1				Designated Sec	Designated Security Duties (DSD)		urvival Techniques (PST)	
				Personal Safety with Socia Responsibility (PSSR)		Personal Safety w	rith Socia Responsibility (PSSR)	
Personal Survival T		Personal Survival Techniques (PST) Security Awareness (SA)		Crisis Management and Human Behaviour (CMHB)				
			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					

				JANUARY 2	024		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	8	9	10	11	12	13	14
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
WEEK 2	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prever	ntion and Fire Fighting	(FPFF) Personal Safety with So		cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
					Elementary First A	Aid (EFA)	



				JANUARY 20)24			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	15	16	17	18	19	20	21	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)							
WEEK 3	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Preven	ntion and Fire Fighting (Personal Safety with So		Social Responsibility (PSSR) Personal Survival 1		Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First A	Aid (EFA)		

				JANUARY 20	024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	22	23	24	25	26	27	28	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival T	echniques (PST)		Medical First Aid Incl. El	ementary First Aid (MFA incl EF	A)		
WEEK 4	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
WEEK !	Fire Preve	ntion and Fire Fighting (Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
		Advance Fire Prevention Refresher (AD)		Designated Security Duties (DSD)		Personal Safety with Social F	Responsibility (PSSR)	
			Advance Fire Prever	Advance Fire Prevention and Fire Fighting (ADV FPFF)				
					Elementary Fir	rst Aid (EFA)		



	JANUARY 2024			FEBRUARY 2024					
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	29	30	31	01	02	03	04		
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)			
	Personal Survival Techniques (PST)			Medical First Aid Incl. Eleme					
WEEK 5	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)			
	Fire Prever	ntion and Fire Fighting (FPFF) Personal Safety with So		ocial Responsibility (PSSR) Personal Survival Tec		hniques (PST)		
				Personal Surviva	l Techniques (PST)	Personal Survival Techniques (PST)			
				Designated Security Duties (DSD)		Personal Safety with	Social Responsibility (PSSR)		
					Elementary First	Aid (EFA)			

				FEBRUARY 2	024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	05 06		07	08	09	10	11	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)			Medical First Aid Incl. Eleme				
WEEK 6	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
WEEKO	Fire Prevention and Fire Fighting (FPFF) Personal Safety with Soc		cial Responsibility (PSSR)	Personal Survival Tec	onal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
					Elementary First <i>i</i>	Aid (EFA)		



				FEBRUARY 2	024		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12	13	14	15	16	17	18
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA				
WEEK 7	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
WEEKT	Fire Preve	ntion and Fire Fighting (FPFF) Personal Safety with Soc		ocial Responsibility (PSSR) Personal Survival To		hniques (PST)
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
	Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)			Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
			Advance Fire Prevention	on and Fire Fighting (ADV FPF	=)		
					Elementary First	Aid (EFA)	

				FEBRUARY 2	024		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	19	20	21	22	23	24	25
	Personal Safety with S	ocia Responsibility	Elementa	ry First Aid (EFA)		Security Awareness	Crisis Management and
	(PSSI	,			entary First Aid (MFA incl EFA)	(SA)	Human Behaviour (CMHB)
	Personal Survival Techniques (PST)						
WEEK 8	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
WEEKO	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	



		Elementary First Aid (EFA)	
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		FEBRUA	RY 2024		MARCH 2024			
3 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	26	27	28	29	01	02	03	
	Personal Safety with S (PSS)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA))	,	
WEEK 9	Designated Securit	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
WEEKO	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
	Ship	Security Officer (SSO)			Elementary Firs	st Aid (EFA)		
		Able Seafare	er Deck (ASD) & Able S	Seafarer Engine (ASE)				

		MARCH 2024											
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
	04	05	06	07	08	09	10						
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)							
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme									
WEEK 10	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)							
	Fire Preve	ntion and Fire Fighting (FPFF)	F) Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)						
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)			l Techniques (PST)	Personal Survival Techniques (PST)							
			Advance Fire Preven	tion and Fire Fighting (ADV FF	PFF)								
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)						



			Elementary First A	id (EFA)	
Able Seafare	er Deck (ASD) & Able	Seafarer Engine (ASE)			

				MARCH 202	24		
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	11	12	13	14	15	16	17
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Te	echniques (PST)		Medical First Aid Incl. Eleme			
WEEK 11	Designated Securit	y Duties (DSD)	Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)
	Fire Prever	ntion and Fire Fighting (FPFF) Personal Safety with So		cial Responsibility (PSSR)	Personal Survival Tec	hniques (PST)
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Security Duties (DSD)		Personal Safety with	Social Responsibility (PSSR)
				Elementary First Aic		Aid (EFA)	
		Able Seafar	rer Deck (ASD) & Able	Seafarer Engine (ASE)			

		MARCH 2024										
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
	18	19	20	21	22	23	24					
	Personal Safety with S (PSS		Elementary First Aid (EFA)			Security Awareness (SA)						
	Personal Survival Techniques (PST)			Medical First Aid Incl. Eleme								
WEEK 12	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR) Crowd Management an Passenger Safety (CMP)			Personal Survival Tec	chniques (PST)					
WEEK IE	Fire Prevention and Fire Fighting (F			PFF) Personal Safety with Social Responsibility (PSSR)			chniques (PST)					
		Advance Fire Preventic Refresher (AD)				Personal Survival Tec	chniques (PST)					
			Advance Fire Preven	ntion and Fire Fighting (ADV FF	PFF)							



				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)				
					Elementary First	Aid (EFA)				
	MARCH 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	25	26	27	28	29	30	31			
	Personal Safety with S (PSS		Elementary First Aid (EFA)							
	Med	ical First Aid Incl. Eleme	entary First Aid (MFA in	icl EFA)	GOOD FRIDAY					
	Designated Securit	ty Duties (DSD)	Personal Safety with Social Responsibility (PSSR)							
WEEK 13	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		EA:	STER HOLIDAY			
	Personal Survival Technique	Personal Survival Techniques (PST)			l Techniques (PST)					
	Ship	Security Officer (SSO)		Designated Secu	urity Duties (DSD)					

				APRIL 202	4		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	01	02	03	04	05	06	07
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
				Medical First Aid Incl. Eleme			
WEEK 14			Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	EASTER MONDAY	Personal Survival Techniques (PST)		Personal Safety with So	cial Responsibility (PSSR)	Personal Survival Tec	hniques (PST)
	EASTER WONDAT			Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
		Designated Security Dut	ies (DSD) Designated Secr		Designated Security Duties (DSD) Personal Sa		Social Responsibility (PSSR)
		Fire Pr	revention and Fire Figh	ting (FPFF)	Elementary First	Aid (EFA)	



				APRIL 202	4			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	08	09	10	11	12	13	14	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme				
WEEK 15	Designated Securi	ty Duties (DSD)	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)		
	Fire Preve	ntion and Fire Fighting (Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
		Advance Fire Prevention Refresher (ADV				Personal Survival Tec	hniques (PST)	
			Advance Fire Preven	tion and Fire Fighting (ADV FP	PFF)			
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	
					Elementary First	Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

				APRIL 202	4			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	15	16	17	18	19	20	21	
	Personal Safety with S (PSS		Elementa	ry First Aid (EFA)		Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
WEEK 16	Designated Securit	ty Duties (DSD)	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Tec	hniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
			Personal Surviva		ersonal Survival Techniques (PST) Personal Survival T		hniques (PST)	
				Designated Secu	urity Duties (DSD)	Personal Safety with S	Social Responsibility (PSSR)	



			Elementary First A	id (EFA)	
Able Seafare	er Deck (ASD) & Able	Seafarer Engine (ASE)			

				APRIL 202	4		
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	22	23	24	25	26	27	28
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme	entary First Aid (MFA incl EFA)		
WEEK 17	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Preve	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PS			hniques (PST)
	Advance Fire Preventi Refresher (AD				l Techniques (PST)	Personal Survival Tec	hniques (PST)
			Advance Fire Preven	tion and Fire Fighting (ADV FP	PFF)		
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
					Elementary First <i>i</i>	Aid (EFA)	
		Able Seafar	er Deck (ASD) & Able	Seafarer Engine (ASE)			

	APRIL	2024		MAY 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
	29	30	01	02	03	04	05				
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)				
	Personal Survival Techniques (PST)										
WEEK 18	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR) Crowd Management Passenger Safety (CI			Personal Survival Tec	hniques (PST)				
	Fire Prevention and Fire Fighting (F			Personal Safety with Soc	ety with Social Responsibility (PSSR) Person		hniques (PST)				
				Personal Surviva	l Techniques (PST)	Personal Survival Techniques (PST)					



	Designated Secu	rity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
Ship Security Officer (SSO)		Elementary First A	Aid (EFA)	

				MAY 2024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	06	07	08	09	10	11	12
	Personal Safety with S (PSS		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival T	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
WEEK 19	Designated Securi	ity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)
WEEK 10	Fire Preve	ntion and Fire Fighting (FPFF)	Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Tec	hniques (PST)
		Advance Fire Prevention Refresher (AD)				Personal Survival Tec	hniques (PST)
			Advance Fire Preven	tion and Fire Fighting (ADV FP	PFF)		
				Designated Secu	urity Duties (DSD)	Personal Safety with S	Social Responsibility (PSSR)
					Elementary First	Aid (EFA)	

				MAY 2024	1		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	13	14	15	16	17	18	19
	Personal Safety with S (PSS)		Elementa	ry First Aid (EFA)		Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Te	echniques (PST)		Medical First Aid Incl. Eleme			
WEEK 20	Designated Security Duties (DSD)		Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)
	Fire Prever	ntion and Fire Fighting (FPFF) Personal Safety with So		cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
				Personal Surviva	Personal Survival Techniques (PST)		hniques (PST)
				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	



		Elementary First Aid (EFA)	

				MAY 2024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	20	21	22	23	24	25	26
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme			
WEEK 21	Designated Securi	ty Duties (DSD)	Passenger Safety (CMPS)			Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fightin Refresher (ADV FPFF Ref)		Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
			Advance Fire Preven	ition and Fire Fighting (ADV FF	PFF)		
				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	
					Elementary First A	Aid (EFA)	
		Able Seafai					

				JUNE 2024					
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	27	28	29	30	31	01	02		
	Personal Safety with Socia Responsibility (PSSR)					Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)		
	Personal Survival To	echniques (PST)		Medical First Aid Incl. Eleme					
WEEK 22	Designated Security	ty Duties (DSD)	Personal Safety with	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)		
WEEK EE	Fire Preven	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
				Personal Survival	Techniques (PST)	Personal Survival Techniques (PST)			
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)			



Ship Security Officer (SSO)		Elementary First Aid (EFA)			
Able Seafarer Deck (ASD) & Able	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)				

				JUNE 2024	4		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	03	04	05	06	07	08	09
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)			Medical First Aid Incl. Eleme			
WEEK 23	Designated Securi	ty Duties (DSD)	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)	
WZZIKZO	Fire Preve	ntion and Fire Fighting (Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
		Advance Fire Prevention a Refresher (ADV F				Personal Survival Tec	chniques (PST)
			Advance Fire Preven	tion and Fire Fighting (ADV FP	PFF)		
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
					Elementary First	Aid (EFA)	
		Able Seafar	er Deck (ASD) & Able	Seafarer Engine (ASE)			

		JUNE 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
	10	11	12	13	14	15	16				
	(PSSR)		ry First Aid (EFA)		Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)					
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)								
WEEK 24	Designated Securit	y Duties (DSD)	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)					
	Fire Prevention and Fire Fighting (FPFF)		FPFF)	Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)					
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)					



	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
		Elementary First A	aid (EFA)	

				JUNE 2024	4		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	17	18	19	20	21	22	23
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme			
WEEK 25	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
		Advance Fire Prevention Refresher (AD)		Personal Survival	Techniques (PST)	Personal Survival Techniques (PST)	
			Advance Fire Preven	tion and Fire Fighting (ADV FP	PFF)		
	•			Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	
				Elementary First A		Aid (EFA)	

		JUNE 2024										
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
	24	25	26	27	28	29	30					
	Personal Safety with Socia Responsibility		Elementa	ry First Aid (EFA)		Security Awareness	Crisis Management and					
	(PSS)					(SA)	Human Behaviour (CMHB)					
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)									
WEEK 26	Designated Securit	y Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)						
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)						
				Personal Survival	l Techniques (PST)	Personal Survival Techniques (PST)						



				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
	Shij	p Security Officer (SSO)			Elementary First Aid (EFA)		
				JULY 2024	1		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	01	02	03	04	05	06	07
		Personal Safety with Socia Responsibility (PSSR)		ry First Aid (EFA)		Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
WEEK 27	Designated Securi	ty Duties (DSD)	Personal Safety with	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			hniques (PST)
WEEKE	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
	Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)			Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
			Advance Fire Preven	ntion and Fire Fighting (ADV FPFF)			
	·			Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	
					Elementary First <i>i</i>	Aid (EFA)	
		Able Seafa	rer Deck (ASD) & Able	Seafarer Engine (ASE)			

		JULY 2024										
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
	08	09	10	11	12	13	14					
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)					
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)									
WEEK 28	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)						
1121120	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)						
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)						
				Designated Secu	urity Duties (DSD)	Personal Safety with S	afety with Social Responsibility (PSSR)					



			Elementary First A	id (EFA)	
Able Seafare	er Deck (ASD) & Able	Seafarer Engine (ASE)			

				JULY 2024	1		
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	15	16	17	18	19	20	21
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)			
WEEK 29	Designated Securi	ity Duties (DSD)	Passenger Safety (CMPS)			Personal Survival Techniques (PST)	
	Fire Preve	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PSSR)			hniques (PST)
	Advance Fire Preventi Refresher (AD				l Techniques (PST)	Personal Survival Tec	hniques (PST)
			Advance Fire Prevention and Fire Fighting (ADV FPFF)				
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
					Elementary First <i>i</i>	Aid (EFA)	
		Able Seafar	rer Deck (ASD) & Able	Seafarer Engine (ASE)			

		JULY 2024										
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY					
	22	23	24	25	26	27	28					
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)					
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)									
WEEK 30	Designated Securit	y Duties (DSD)	Personal Safety with	Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)					
	Fire Prever	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility		Personal Survival Tec	hniques (PST)					
				Personal Surviva	l Techniques (PST)	Personal Survival Techniques (PST)						



	Designated Secu	rity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
		Elementary First A	Aid (EFA)	

		JULY 2024		AUGUST 2023				
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	29	30	31	01	02	03	04	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival To	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
WEEK 31	Designated Securit	ty Duties (DSD)	Passe		Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Tec	hniques (PST)	
		Advance Fire Prevention Refresher (ADV					hniques (PST)	
			Advance Fire Preven	tion and Fire Fighting (ADV FP	FF)			
				Designated Security Duties (DSD) Personal Safety v		Personal Safety with S	Social Responsibility (PSSR)	
	Ship	Security Officer (SSO)			Elementary First A	Aid (EFA)		

		AUGUST 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
	05	06	07	08	09	10	11				
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)				
	Personal Survival Te	echniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)							
WEEK 32	Designated Securit	y Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)				
11211 02	Fire Prever	ntion and Fire Fighting (FPFF)	F) Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)					
				Personal Surviva	l Techniques (PST)	Personal Survival Tec	hniques (PST)				



				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
					Elementary First	Aid (EFA)	
				AUGUST 202	24		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	12	13	14	15	16	17	18
	Personal Safety with Socia Responsibility (PSSR) Personal Survival Techniques (PST)			ry First Aid (EFA)		Security Awareness (SA)	
				Medical First Aid Incl. Elementary First Aid (MFA incl EFA)			
WEEK 33	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)
WEEKOO	Fire Preve	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention Refresher (AD)				Personal Survival Techniques (PST)	
			Advance Fire Preven	ntion and Fire Fighting (ADV FP	PFF)		
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
					Elementary First	Aid (EFA)	
		Able Seafa	rer Deck (ASD) & Able	Seafarer Engine (ASE)			

		AUGUST 2024									
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
	19	20	21	22	23	24	25				
	Personal Safety with S (PSS		Elementa	ry First Aid (EFA)		Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)				
	Personal Survival Te	. , ,	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)								
WEEK 34	Designated Securit	y Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)				
	Fire Prever	ntion and Fire Fighting (FPFF)	Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)					
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)					
				Designated Secu	urity Duties (DSD)	Personal Safety with S	Social Responsibility (PSSR)				



			Elementary First A	id (EFA)	
Able Seafare	er Deck (ASD) & Able	Seafarer Engine (ASE)			

			AUG	GUST 2024			SEPTEMBER 2024
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	26	27	28	29	30	31	01
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme	entary First Aid (MFA incl EFA)		
WEEK 35	Designated Securi	ty Duties (DSD)	Passenger Safety (CMPS)			Personal Survival Techniques (PST)	
	Fire Preve	ntion and Fire Fighting (FPFF)	FF) Personal Safety with Social Responsibility (PSSR)			hniques (PST)
	Advance Fire Prevention Refresher (AD)				l Techniques (PST)	Personal Survival Tec	hniques (PST)
			Advance Fire Prevention and Fire Fighting (ADV FPFF)				
	·			Designated Secu	urity Duties (DSD)	Personal Safety with S	Social Responsibility (PSSR)
	Shij	Security Officer (SSO)			Elementary First <i>i</i>	Aid (EFA)	
		Able Seafar	er Deck (ASD) & Able	Seafarer Engine (ASE)			

		SEPTEMBER 2024									
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
	02	03	04	05	06	07	08				
	Personal Safety with Socia Responsibility (PSSR)		Elementa	Elementary First Aid (EFA)			Crisis Management and Human Behaviour (CMHB)				
	Personal Survival Techniques (PST)										
WEEK 36	Designated Security Duties (DSD)		Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)				
	Fire Prever	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)				
				Personal Surviva	Techniques (PST)	Personal Survival Tec	hniques (PST)				



	Designated Secu	rity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)
		Elementary First A	Aid (EFA)	

				SEPTEMBER 2	2024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	09	10	11	12	13	14	15	
	Personal Safety with S (PSS	SR)	Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme				
WEEK 37	Designated Securi	ity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Tec	hniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)			hniques (PST)	
		Advance Fire Prevention Refresher (AD)					Personal Survival Techniques (PST)	
			Advance Fire Preven	ntion and Fire Fighting (ADV FP	PFF)			
					Designated Security Duties (DSD)		Social Responsibility (PSSR)	
					Elementary First	Aid (EFA)		

	SEPTEMBER 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	16	17	18	19	20	21	22			
	Personal Safety with S	ocia Responsibility	Elementa	ry First Aid (EFA)		Security Awareness	Crisis Management and			
	(PSS)	,			ntary First Aid (MFA incl EFA)	(SA)	Human Behaviour (CMHB)			
	Personal Survival Techniques (PST)									
WEEK 38	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)				
WEEKOO	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)				
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)				
				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)				



		Elementary First Aid (EFA)	

				SEPTEMBER 2	2024			
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	23	24	25	26	27	28	29	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
WEEK 39	Designated Securi	ty Duties (DSD)	Passenger		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Preve	ntion and Fire Fighting (FPFF)	PFF) Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)	
	Advance Fire Prevention Refresher (ADV				val Techniques (PST) Personal Survival Tec		hniques (PST)	
			Advance Fire Preven	Advance Fire Prevention and Fire Fighting (ADV FPFF)				
	·			Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)		
					Elementary First <i>i</i>	Aid (EFA)		
	Able Seafarer Deck (ASD) & Able Seafarer Engine (ASE)							

	SEPTEMBER 2024		OCTOBER 2024							
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	30	01	02	03	04	05	06			
	Personal Safety with Socia Resp	onsibility (PSSR)	Elementar	y First Aid (EFA)		Security	Crisis Management and			
						Awareness (SA)	Human Behaviour (CMHB)			
	Personal Survival Techniques (PST)		1							
WEEK 40	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			Personal Survival Techniques (PST)				
WEEK 10	Fire Prevention	and Fire Fighting (I	FPFF)	Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)				
				Personal Survival		al Techniques (PST) Personal Survival Techniques				
				Designated Secu	rity Duties (DSD)	Personal Safety wit	th Social Responsibility (PSSR)			



	S	hip Security Officer (SSC))		Elementary First	Aid (EFA)	
		Able Seafa	rer Deck (ASD) & Able	Seafarer Engine (ASE)			
				OCTOBER 2024	1		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	07	08	09	10	11	12	13
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)				
WEEK 41	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
WEEK II	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)	
		Advance Fire Prevention Refresher (AD)			Personal Survival Techniques (PST)		
			Advance Fire Preve	vention and Fire Fighting (ADV FPFF)			
				Designated Securit	y Duties (DSD)	Personal Safety wit	th Social Responsibility (PSSR)
				Elementary First	Aid (EFA)		
		Able Seafai	rer Deck (ASD) & Able	Seafarer Engine (ASE)			

				OCTOBER 20)24		
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	14	15	16	17	18	19	20
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Techniques (PST)						
WEEK 42	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)	
				Designated Secu	urity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)	



		Elementary First Aid (EFA)	

				OCTOBER 20)24		
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	21	22	23	24	25	26	27
	(PSS	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)		Security Awareness (SA)	
	Personal Survival T	echniques (PST)		Medical First Aid Incl. Eleme			
WEEK 43	Designated Securi	ity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)	
WEEK 10	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)	
		Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)			Techniques (PST)	Personal Survival Techniques (PST)	
			Advance Fire Prever	ition and Fire Fighting (ADV FP	PFF)		
					Designated Security Duties (DSD)		Social Responsibility (PSSR)
					Elementary First	Aid (EFA)	

		ОСТОВ	ER 2024		NOVEMBER 2024			
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	28	29	30	31	01	02	03	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)	
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
WEEK 44	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
	Fire Prever	ntion and Fire Fighting (FPFF) Personal Safety with So		cial Responsibility (PSSR) Personal Survival T		hniques (PST)	
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		
	Ship	Security Officer (SSO)			Elementary First <i>i</i>	Aid (EFA)		



				NOVEMBER 20)24			
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	04	05	06	07	08	09	10	
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)		
	Personal Survival Techniques (PST)			Medical First Aid Incl. Elemer	tary First Aid (MFA incl EFA)			
WEEK 45	Designated Security Duties (DSD)				Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)		
WEEK 10	Fire Preve	ntion and Fire Fighting (Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)		
		Advance Fire Prevention and Fire Fighti Refresher (ADV FPFF Ref)		g Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		
			Advance Fire Preven	tion and Fire Fighting (ADV FPF	F)			
				Designated Secur	rity Duties (DSD)	Personal Safety with Social Responsibility (PSSR)		
			Elementary First	Aid (EFA)				

				NOVEMBER 2	024			
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
	11	12	13	14	15	16	17	
	Personal Safety with Socia Responsibility		Elementa	ry First Aid (EFA)		Security Awareness	Crisis Management and	
	(PSS					(SA)	Human Behaviour (CMHB)	
	Personal Survival To	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)					
	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and	Personal Survival Tec	hniques (PST)	
WEEK 46			Passenger Safety (CMPS)					
	Fire Preven	Fire Prevention and Fire Fighting (F		Personal Safety with Soc	with Social Responsibility (PSSR) Personal Survival Technic			
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)		



	Designated Secu	urity Duties (DSD)	Personal Safety with S	Social Responsibility (PSSR)
		Elementary First A	Aid (EFA)	
Able Seafarer Deck (ASD) & Able				

	NOVEMBER 2024								
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
	18	19	20	21	22	23	24		
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)			
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)						
WEEK 47	Designated Securi	ty Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)	Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)			
	Fire Preve	ntion and Fire Fighting (Personal Safety with Social Responsibility (PSSR)			Personal Survival Techniques (PST)			
		Advance Fire Prevention Refresher (AD)			Personal Survival Tec	chniques (PST)			
	Advance Fire			ce Fire Prevention and Fire Fighting (ADV FPFF)					
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)		
					Elementary First A	Aid (EFA)			
		Able Seafar							

		DECEMBER 2024					
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	25 26		27	28	29	30	01
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)
	Personal Survival Te	echniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)			
WEEK 48	Designated Securit	ty Duties (DSD)	Personal Safety with	ocial Responsibility (PSSR) Crowd Management and Passenger Safety (CMPS)			
zak io	Fire Prevention and Fire Fighting (FPFF)		Personal Safety with Social Responsibility (PSSR)		Personal Survival Techniques (PST)		



	Personal Survival Techniques (PST)	Personal Survival Techniques (PST)
	Designated Security Duties (DSD)	Personal Safety with Social Responsibility (PSSR)
Ship Security Officer (SSO)	Elementary First	Aid (EFA)

	DECEMBER 2024									
③ 08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	02	03	04	05	06	07	08			
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)				
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)							
WEEK 49	Designated Securi	ty Duties (DSD)	Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)				
WEEK 10	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Soc	cial Responsibility (PSSR)	Personal Survival Techniques (PST)				
		Advance Fire Prevention Refresher (ADV		Personal Survival	Techniques (PST)	Personal Survival Techniques (PST)				
			Advance Fire Preven	ntion and Fire Fighting (ADV FPFF)						
				Designated Secu	urity Duties (DSD)	Personal Safety with	Social Responsibility (PSSR)			
					Elementary First	Aid (EFA)				

	DECEMBER 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	09 10		11	12	13	14	15			
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)	Crisis Management and Human Behaviour (CMHB)			
	Personal Survival Te	echniques (PST)	Medical First Aid Incl. Elementary First Aid (MFA incl EFA)							
WEEK 50	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)				
	Fire Prevention and Fire Fighting (F		Personal Safety with So		Personal Safety with Social Responsibility (PSSR)		hniques (PST)			
				Personal Survival Techniques (PST)		Personal Survival Techniques (PST)				



	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)	
		Elementary First A	Aid (EFA)	

	DECEMBER 2024									
08:00 -15:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
	16	17	18	19	20	21	22			
	Personal Safety with Socia Responsibility (PSSR)		Elementary First Aid (EFA)			Security Awareness (SA)				
	Personal Survival Techniques (PST)		Medical First Aid Incl. Elementary First Aid (MFA incl EFA)							
WEEK 51	Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)		Crowd Management and Passenger Safety (CMPS)	Personal Survival Techniques (PST)				
WEEK OF	Fire Prevention and Fire Fighting (FPFF)			Personal Safety with Social Responsibility (PSSR)		Personal Survival Tec	chniques (PST)			
	Advance Fire Prevention and Fire Fighting Refresher (ADV FPFF Ref)			Personal Survival Techniques (PST)		Personal Survival Techniques (PST)				
			Advance Fire Preven	ention and Fire Fighting (ADV FPFF)						
	·				Designated Security Duties (DSD)		Personal Safety with Social Responsibility (PSSR)			
	Ship Security Officer (SSO)				Elementary First A	Aid (EFA)				