



ELEMENTARY FIRST AID

Target Group: All Seafarers

Objective: To preserve life
To promote recovery
Call for advance medical assistance

Introduction: This learning opportunity is designed for all seafarers in any capacity wishing to pursue a career at sea. To achieve the basic procedures in First Aid onboard a vessel, the competencies as described in the STCW and SAMSA Codes respectively.

Content:

- Contents of First Aid Kit.
- Body structure and function.
- Examination of casualty or patient.
- Spinal Injuries.
- Burns scalds and effects of heat and cold.
- Fractures, dislocations and muscular injuries.
- Medical care for rescued persons.
- Radio medical advice.
- Cardiac arrest, drowning and asphyxia.

Prerequisites: ABET Literacy
Medically fit for sea

Duration: 2 Days

Completion Exit level: The competent learner will be able to perform the role of a first aider until advanced medical assistance arrives.

Assessment: Written assessment & Practical Evaluation

Certification: Certificate of Competence

STCW ref. A-VI/1-3

Validity 5 years

